

MEDICINAL HERB DISH PREPARED WITH FIVE MAIN NUTRIENT- MIXED FOOD

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Inventor: TAWARA TSUNEKICHI
Applicant: HEALTHY SHOKUHHN KK
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Abstract of JP2001252044

PROBLEM TO BE SOLVED: To provide a medicinal herb dish prepared with five main nutrient- mixed food, in other words, adult disease-preventive food called health food, easily takable through eliminating the difficulties of diet therapy, capable of being commonly served as a routine meal together with ordinary boiled rice or the like, thus being a prepared food convenient as a portable meal and also usable as a supplemental material for meal for normal healthy persons through utilizing itself as one of daily meal dishes such as soup. **SOLUTION:** This medicinal herb dish prepared with five main nutrient-mixed food is such as to comprise at least parched small sardine, dried bonito, tangle, sesame, soybean, sweet potato, pumpkin, coral calcium, spinach, carrot, corbicula, Angelica keiskei and ginkgo leaves, as raw materials; wherein each of the raw materials is in a roughly powdered condition, and the respective contents of the raw materials are apprximately as follows: 12-16 wt.%, 8-12 wt.%, 4-8 wt.%, 8-12 wt.%, 11-17 wt.%, 2-4 wt.%, 4-8 wt.%, 3-5 wt.%, 2-4 wt.%, 3-5 wt.%, 5-7 wt.%, 1 wt.%, 1 wt.%, based on the final product.

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